# **News from Holbrook and Shotley Surgery**

## **GP and Staff Training afternoons**

Our next training afternoons will be on Thursday 10<sup>th</sup> October and Wednesday 6<sup>th</sup> November. The practice will be open for patients to come in to collect/drop off prescriptions and book appointments/make enquiries at reception. However, there will be no clinical staff on site and our telephone lines will be switched over to the out of hours' service on these afternoons to allow for staff training. Please ring 111 for advice if your query cannot wait until the following day. In an emergency, dial 999.

#### Flu days

We have been notified that our vaccines have been delayed again this year and we have now tentatively set our dates for our flu days. Due to the staggered delivery dates from the suppliers, these are:

- Thursday 26<sup>th</sup> September 2.00 6.30pm at Shotley (over 65's only)
- Wednesday 2<sup>nd</sup> October 2.00 6.30pm at Holbrook (over 65's only)
- Tuesday 15<sup>th</sup> October 2.00 6.30pm at Holbrook (over 65's and at risk patients)
- Thursday 24<sup>th</sup> October 2.00 6.30pm at Shotley (over 65's and at risk patients)

Please book these dates into your diary and we will keep you updated over any possible changes.

### Reducing our paper!

We are trying to reduce our paper production and to communicate with patients in different ways where we can. You can already book appointments, order medications and view your record online using the NHS App but did you know we can also send you your annual check and flu vaccination invitations by email or text? If you would like this then please let us know your preferred method of contact.

# **Suffolk Warm Homes, Healthy People Scheme**

As you may be aware we were involved with this project from the start and have had huge success for our patients with 34 patients being reviewed, 2 key safes fitted, 5 fully funded first time heating systems fitted, 1 cavity wall insulation and 2 loft insulation. The scheme has been extended and more funding secured so if you have need of fuel payments, draught proofing or help surviving the winter please contact 03456 037 686 or visit <a href="https://www.suffolk.gov.uk/community-and-safety/warm-homes-healthy-people/">https://www.suffolk.gov.uk/community-and-safety/warm-homes-healthy-people/</a>

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